

Program

15TH FEBRUARY

16TH FEBRUARY

17TH FEBRUARY

SATURDAY, FEBRUARY 15, 2025 IN COLLABORATION WITH KUWAIT ASSOCIATION OF SURGEONS (COMBINED)

TIME	PROGRAM	SPEAKER
8.00 AM	REGISTRATION	
SESSION 1: OAGB AND RYGB		
KUWAIT SURGICAL SOCIETY/KUWAIT ASSOCIATION OF SURGEONS SESSION (COMBINED)		
	Moderators: Rana Pullatt/ Jaime Ponce/Ahmad Murad/Ali Aljeweied	
9:00AM – 9:10AM	Ulcers after OAGB and RYGB: treatment algorithm	Chetan D. Parmar (UK)
9:10AM – 9:20AM	Biliary reflux and GERD after OAGB and RYGB respectively	Fawaz Abo-Alhassan (Kuwait)
9:20AM – 9:30AM	Internal hernia: diagnosis and treatment	Saud AlSubaei (Kuwait)
9:30AM – 9:40AM	Revisions/conversions after ESG (bariatric endoscopic procedures)	Natan Zundel (USA)
9:40AM – 9:50AM	Reversal to normal anatomy – indications, preoperative work-up, and technical aspects	Khaled AlSharaf (Kuwait)
9:50AM – 10:00AM	Bypass and Sleeve: Outcomes in diabetes	Chetan D. Parmar (UK)
10:00AM – 10:30AM	Panel Discussion	
10:30AM – 10:40AM	Coffee Break	
SESSION 2: REVISIONAL SURGERY & COMPLICATIONS OF METABOLIC BARIATRIC SURGERY (MBS)		

KUWAIT SURGICAL SOCIETY/KUWAIT ASSOCIATION OF SURGEONS SESSION
(COMBINED)

Moderators: Chetan D. Parmar/Faheem Elbassiony/Mohamad AlJasmi/Mohamad Asad

10:40AM – 10:50AM	What to do for a patient who has a gastric bypass with weight regain.	Rana Pullatt (USA)
10:50AM – 11:00AM	Endoscopic options for RWG after MBS	Mousa Khoursheed (Kuwait)
11:00AM – 11:10AM	Role of magnetic surgery for RWG after MBS	Natan Zundel (USA)
11:10AM – 11:20AM	Post OAGB bile reflux	Faheem Elbassiony (Egypt)
11:20AM – 11:30AM	Preoperative workup for RWG after MBS with or without GERD	Natan Zundel (USA)
11:30AM – 11:50AM	Panel Discussion	
11:50AM – 12:00PM	Coffee Break	

SESSION 3: ROBOTIC MBS

KUWAIT SURGICAL SOCIETY/KUWAIT ASSOCIATION OF SURGEONS SESSION
(COMBINED)

Moderators: Natan Zundel/Esam Batayyah/Khaled AlEnezi/Shehab Ekrouf

12:00PM – 12:10PM	Overview of robotic surgery in MBS	Rana Pullatt (USA)
12:10PM – 12:20PM	Robotic assisted vs laparoscopic MBS and role in revisional surgery	Rana Pullatt (USA)
12:20PM – 12:30PM	Landscape of bariatric surgery in the U.S. in the times of GLP-1	Jaime Ponce (USA)
12:30PM – 12:40PM	Pouch size – does it really matter in RYGB and OAGB?	Esam Batayyah (KSA)
12:40PM – 12:50PM	OAGB-Mini gastric bypass BP-limb length: Standard or a tailored approach?	Mousa Khoursheed (Kuwait)
12:50PM – 1:00PM	Managing the complications of severe malabsorptive procedures	Khaleel Ibrahim (Kuwait)
1:00PM – 1:20PM	Panel Discussion	
1:20PM – 2:20PM	Lunch Break	

SESSION 4: INTEGRATED HEALTH

KUWAIT SURGICAL SOCIETY/KUWAIT ASSOCIATION OF SURGEONS SESSION (COMBINED)

Moderators: Mohammad Haddad /Ebaa Alozairi/Abdulla Sultan/Ahmad Almulla

2:20PM - 2:30PM	Cases of abdominal pain post bariatric surgery. (Video presentation)	Mohammad Haddad (UAE)
2:30PM - 2:40PM	Management of reactive hypoglycemia: Dietic or surgical treatment?	Abdulaziz Karam (Kuwait)
2:40PM - 2:50PM	Nutritional guidelines do we have sufficient evidence	Thamer AlEssa (Kuwait)
2:50PM - 3:00PM	What is the impact of obesity medications on nutrition? Should we be concerned?	Ebaa AlOzairi (Kuwait)
3:00PM - 3:10PM	Indications, efficacy, and safety of the new obesity management medications	Fahad Alajmi (Kuwait)
3:10PM - 3:20PM	Effect of new obesity medication on numbers of bariatric surgery? Will we be out of a job	Saad AlThuwaini (Kuwait)
3:20PM - 3:30PM	Insights from the surmount trials	Thamer AlEssa (Kuwait)
3:30PM - 3:50PM	Panel Discussion	
3:50PM - 4:00PM	Coffee Break	

SESSION 5: MBS

KUWAIT SURGICAL SOCIETY/KUWAIT ASSOCIATION OF SURGEONS SESSION (COMBINED)

Moderators: Kenneth Sharp/ Waddah AlRefaei/Obaid AlHarbi/Mishari AlMohanna

4:00PM - 4:10PM	20+ years after sleeve gastrectomy: Is the hype over"	Jaime Ponce (USA)
4:10PM - 4:20PM	MBS, fertility, pregnancy and what you need to know	Jehad AlHarmi (Kuwait)
4:20PM - 4:30PM	MBS in patients with large ventral hernia	Mohammad Haddad (UAE)
4:30PM - 4:40PM	ASMBS/IFSO new guidelines on indications for MBS	Jaime Ponce (USA)
4:40PM - 4:50PM	Role of bariatric/metabolic surgery as bridging for cancer surgery.	Chetan D. Parmar (UK)

4:50PM - 5:00PM	Why gastric bypass remains the gold standard for surgical treatment of obesity?	Jaime Ponce (USA)
5:00PM - 5:10PM	Percutaneous cholecystostomy: appropriate use and indications for subsequent cholecystectomy	Steven Stain (USA)
5:10PM - 5:20PM	ACS and its value for international surgeons	Kenneth Sharp (USA)
5:20PM - 5:30PM	Writing in surgery: another skill to learn	Waddah AlRefaei (USA)
5:30PM - 5:40PM	Assessment of professionalism in surgical residents	Kenneth Sharp (USA)
5:40PM - 6:00PM	Panel Discussion	
6:00PM - 6:30PM	Opening ceremony	

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SUNDAY, FEBRUARY 16, 2025 IN COLLABORATION WITH KUWAIT CHAPTER OF THE AMERICAN COLLEGE OF SURGEONS

TIME	PROGRAM	SPEAKER
8:00AM – 12:00PM	MOCK EXAM (5TH YEAR SURGICAL BOARD RESIDENTS)	
2:30PM	REGISTRATION	
SESSION 6: MALIGNANT DISEASES I		
KUWAIT CHAPTER OF THE AMERICAN COLLEGE OF SURGEONS SESSION		
Moderators: Deena Harji/Adel Khader/Ali AlSaffar		
3:00PM – 3:10PM	Malignant colonic polyps: surgeon or endoscopist or both?	Asmaa AlKanderi (Kuwait)
3:10PM – 3:20PM	Obstructing colonic cancer: stent or not to stent?	Luigi Boni (Italy)
3:20PM – 3:30PM	Rectal surgery: managing complications	Deena Harji (UK)
3:30PM – 3:40PM	Fluorescence angiography role in reducing leaks in colorectal resection: results from RCT	Luigi Boni (Italy)
3:40PM – 3:50PM	Pelvic exenteration: lights and shadows	Deena Harji (UK)
3:50PM – 4:00PM	Complete mesocolic excision: a balanced view of pros and cons	Luigi Boni (Italy)
4:00PM – 4:20PM	Panel Discussion	
4:20PM – 4:30PM	Coffee Break	
SESSION 7: MALIGNANT DISEASES I		

KUWAIT CHAPTER OF THE AMERICAN COLLEGE OF SURGEONS SESSION

Moderators: Kenneth Campbell/Ahmad AlKhamis/Fawaz Alnaqi

4:30PM – 4:40PM	Ostomy after rectal resection: Yes vs. No	Deena Harji (UK)
4:40PM – 4:50PM	Optimal strategy for advanced right colon cancer	Jasim Alabbad (Kuwait)
4:50PM – 5:00PM	What is the best teaching model for minimally invasive colorectal surgery?	Abe Fingerhut (France)
5:00PM – 5:10PM	New robotics system on the market	Rana Pullatt (USA)
5:10PM – 5:20PM	Robotic in colorectal - a balanced evidence-based point of view	Luigi Boni (Italy)
5:20PM – 5:40PM	Panel Discussion	
5:40PM – 5:50PM	Coffee Break	

SESSION 8: INFLAMMATORY BOWEL DISEASE

KUWAIT CHAPTER OF THE AMERICAN COLLEGE OF SURGEONS SESSION

Moderators: Luigi Boni/Eias AlGhunaim/Yousef AlEid

5:50PM – 6:00PM	Emergency subtotal colectomy for UC (video)	Kenneth Campbell (UK)
6:00PM – 6:10PM	Management of complicated diverticulitis: Hartman's vs primary resection and anastomosis, vs laparoscopic lavage	Abe Fingerhut (France)
6:10PM – 6:20PM	CME in right hemicolectomy	Kenneth Campbell (UK)
6:20PM – 6:30PM	Elective sigmoidectomy compared to conservative treatment for recurring diverticulitis	Khaled AlZamel (Kuwait)
6:30PM – 6:40PM	Dealing with transverse and splenic flexure cancer	Kenneth Campbell (UK)
6:40PM – 6:50PM	Hinchey Ib or II diverticular abscess: PC drainage and antibiotics vs. antibiotics alone	Fawaz Alnaqi (Kuwait)
6:50PM – 7:00PM	Rectal prolapse surgery, rectopexy laparoscopic and robotic	Kenneth Campbell (UK)
7:00PM – 7:20PM	Panel Discussion	
7:20PM – 7:30PM	Coffee Break	

SESSION 9: GENERAL SURGERY AND COMMON OUTPATIENT ANAL COMPLAINTS

KUWAIT CHAPTER OF THE AMERICAN COLLEGE OF SURGEONS SESSION

Moderators: Abe Fingerhut /Khaled AlZamel/Abdulaziz
AlGhurair

7:30PM – 7:40PM	Updates on the management of perirectal abscesses and anal fistulas	Deena Harji (UK)
7:40PM – 7:50PM	Will the position of mesh placement affect outcome?	Hassan Shaker (Egypt)
7:50PM – 8:00PM	Updates on the management of rectal prolapse	Ali AlSaffar (Kuwait)
8:00PM – 8:10PM	Updates on the management of fecal incontinence	Ahmad AlKhamis (Kuwait)
8:10PM – 8:20PM	How to give an effective presentation?	Waddah AlRefaei (USA)
8:20PM – 8:30PM	Which appendix needs to come out in acute appendicitis?	Kenneth Sharp (USA)
8:30PM – 8:40PM	Modern treatment of bleeding duodenal ulcer	Steven Stain (USA)
8:40PM – 9:00PM	Panel Discussion	

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MONDAY, FEBRUARY 17, 2025 IN COLLABORATION WITH WOMEN SURGEONS OF KUWAIT

TIME	PROGRAM	SPEAKER
9:00AM – 12:15PM	MEDICAL PROFESSIONALISM WORKSHOP (SURGICAL BOARD RESIDENTS)	
9:00AM – 9:45AM	Professions and society: What is a profession? What is relationship between professions and society? Professional regulation, professional behaviors and performance.	
9:45AM – 10:30AM	The doctor–patient relationship: power differentials in relationships. Empathy and compassion, Professional boundaries.	
10:30AM – 10:45AM	Coffee break	
10:45AM – 11:30AM	Surgeons and patient safety: Causes of harm and avoidable death to patients. Clinical governance. Human factors in patient safety.	
11:30AM – 12:15PM	Professional behaviors in clinical practice: Disrespectful behavior in health care. Surgical innovation/new techniques.	
2:30PM	REGISTRATION	
SESSION 10: INCISIONAL HERNIA I		
WOMEN SURGEONS OF KUWAIT SESSION		
Moderators: Flavio Malcher/Zainab AlMusailleekh/Zahra Ismael		
3:00PM – 3:10PM	Risk factors for developing an incisional hernia after abdominal surgery. Should all be repaired?	Meshari AlMuhanna (Kuwait)
3:10PM – 3:20PM	Indications and modality for imaging in incisional hernia	Sara Almutawa (Kuwait)
3:20PM – 3:30PM	Is it possible to predict from imaging whether the fascial closure will be possible?	Abe Fingerhut (France)

3:30PM - 3:40PM	Why use yesterday's training for tomorrow's surgeons?	Oscar Traynor (Ireland)
3:40PM - 3:50PM	What is the difference in outcome for mesh versus suture repair in incisional hernia repair?	Flavio Malcher (USA)
3:50PM - 4:10PM	Panel Discussion	
4:10PM - 4:20PM	Coffee Break	

SESSION 11: INCISIONAL HERNIA II

WOMEN SURGEONS OF KUWAIT SESSION

Moderators: Kenneth Sharp/Ameerah Alhasan/Moneera Alshaheen

4:20PM - 4:30PM	What is the difference in outcome between techniques (open, laparoscopic, and robotic) for incisional hernia repair?	Mohsen AlHashemi (Kuwait)
4:30PM - 4:40PM	Clinical governance for patients safety.	Oscar Traynor (Ireland)
4:40PM - 4:50PM	Mesh fixation types and outcomes for intraperitoneal and extraperitoneal mesh placement	Flavio Malcher (USA)
4:50PM - 5:00PM	Role of enhanced recovery after surgery (ERAS) in incisional hernia repair	Maznah AlMutairi (Kuwait)
5:00PM - 5:10PM	Role of antibiotics in hernia surgery.	Abe Fingerhut (France)
5:10PM - 5:30PM	Panel Discussion	
5:30PM - 5:40PM	Coffee Break	

SESSION 12: INGUINAL HERNIAS

WOMEN SURGEONS OF KUWAIT SESSION

Moderators: Steven Stain/Fatma Allbrahim/Bashayer AlKanderi

5:40PM - 5:50PM	Mesh or non-mesh repair	Ali Ismail Dashti (Kuwait)
5:50PM - 6:00PM	Is there new evidence for open posterior (preperitoneal) versus laparoscopic repair (TAPP or TEP) for inguinal hernias?	Flavio Malcher (USA)
6:00PM - 6:10PM	Emergency groin hernia	Mohamad Alsulaimy (Kuwait)
6:10PM - 6:20PM	Networking in Surgery	Waddah AlRefaei (USA)
6:20PM - 6:40PM	Panel Discussion	
6:40PM - 6:50PM	Coffee Break	

SESSION 13: PRIMARY VENTRAL HERNIAS IN RARE LOCATIONS OR SPECIAL CIRCUMSTANCES

WOMEN SURGEONS OF KUWAIT SESSION

Moderators: Waddah AlRefaei/Maha AlOtaibi

6:50PM - 7:00PM	Umbilical and epigastric hernia repair in patients with compromised liver function	Ali Ismail Dashti (Kuwait)
7:00PM - 7:10PM	Umbilical and epigastric hernia repair in patients on peritoneal dialysis	Ali Ismail Dashti (Kuwait)
7:10PM - 7:20PM	Spigelian and lumbar hernia	Emad Ayyash (Kuwait)
7:20PM - 7:30PM	Emergency repair of complicated abdominal wall hernias	Flavio Malcher (USA)
7:30PM - 7:40PM	Surgical repair of femoral hernia	Steven Stain (USA)
7:40PM - 7:50PM	The value equation in inguinal hernia repair; open, laparoscopic, robotic.	Kenneth Sharp (USA)
7:50PM - 8:10PM	Panel Discussion	
8:10PM	Closing remarks	

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